

**RLRC has paired up with
Jo Shields at Field Farm to provide:**

XC Training

with Jo Shields BHSII

Saturday 12th June

Max 4 per group

£20 RLRC Members

£25 Non Members

To be held at Field Farm, East Road, Wymeswold, LE12 6ST

***All abilities catered for from novice upwards,
groups will be matched according to ability***

**For more information or to book a place
please contact
Becky Littlefield 07789 265184**

To view the excellent facilities please visit

www.fieldfarmcrosscountry.co.uk

For more info on training or for up and coming events please visit

www.rearsbylodge.com